# **Scooter Training KS1 – Lesson 2**

## Lo: To manoeuvre around obstacles, dismount and mount safely

**Location**: KS1 Playground

**Equipment**: Scooters, Hi Vis Vests, Obstacles (Cones, Markers, Tyres)

**Number**: 18-22 Children

**Questions on stopping, safety and scooter parts**

Why do we need to stop?

What do we use to stop?

Why do we wear high visibility jackets and safety helmets?

**Warm Up:**

Scoot along to other side of rectangle with brake. Scoot across to other side of rectangle then change with partner. Repeat 3 times. Think about position on scooter. Standing tall or ducking down. How can your riding position affect your speed?

**Activity**:

Scoot around the playground, one lap. Encourage use of the deck and good balance, 3 pushes then glide. Once back to the beginning then change with partner. **No racing or overtaking**

1 whistle stop, 2 whistles go

**Activity Course 1**

Start then zig zag through 5 cones then round first tyre, get off scooter and walk across to the second tyre. When walking across look left and right. Get back on scooter then push and glide through gates and stop in box. Push around to start and change with partner.

**Activity Course 2**

Same as above but second set of gates added. Children not allowed to put feet down in between gates.

**Warm Down and Recap:**

Scooting in different directions under control, just faster than walking speed.