# **Scooter Training KS1 – Lesson 4**

## Lo: To manoeuvre around obstacles, dismount and mount safely

**Location**: KS1 Playground

**Equipment**: Scooters, Hi Vis Vests, Obstacles (Cones, Markers, Tyres)

**Number**: 18-22 Children

**Questions on Etiquette, Safety and Scooter Parts**

Quickly name the different parts on your scooter and tell them to your partner

Tell your partner why we wear high visibility jackets and helmets

What should we do when we are scooting near to pedestrians?

**Warm Up:**

Scoot along to other side of rectangle with brake. Scoot across to other side of rectangle then change with partner. Repeat 3 times. Think about position on scooter. Standing tall or ducking down. How can your riding position affect your speed?

**Activity**:

Scoot around the playground, one lap. Encourage use of the deck and good balance, 3 pushes then glide. Once back to the beginning then change with partner. **No racing or overtaking**

If time 1 whistle stop, 2 whistles go, 3 whistles change direction

**Activity Course 1**

Start then zig zag through 5 cones then round first tyre, get off scooter and walk across to the second tyre. When walking across look left and right. Get back on scooter then push and glide through gates and stop in box. Push around to start and change with partner.

**Activity Course 2**

Same as above but second set of gates added as well as pedestrian obstacles and additional road, where children to dismount. Children not allowed to put feet down in between second set of gates. Children to slow down as they round pedestrians and politely say “excuse me”

**Warm Down and Recap:**

Scooting in different directions under control, just faster than walking speed.